

# Adelante!

A Monthly Publication for Temple Beth-El,

Las Cruces, New Mexico

NOVEMBER 2020 (CHESHVAN - KISLEV 5781)



## BEMY/BETY Food Drive



Dear Temple Beth-El Congregation,  
I would like to thank everyone for donating food items for Casa de Peregrinos. The Temple's average weight for their High Holiday's donations is usually around 600 pounds, but this year I am happy to say that we almost doubled that number with about 1050 pounds of food!! Once again thank you to everyone for your support and donations, it is extremely important during this time.

-Casey Rosenberg  
Youth Group President

## Temple Beth-El Presents: "The Tattooed Torah" November 1, 11 AM via Zoom

Copyrighted Material  
THE  
**Tattooed Torah**  
by MARVELL GINSBURG



illustrated by  
MARTIN LEMELMAN

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The film, *The Tattooed Torah*, is based on the renowned children's book that has been educating young children about the Holocaust for generations. The book recounts the true story of the rescue and restoration of a small Torah from Brno, Czechoslovakia, and teaches the Holocaust not only as a period of destruction but also as an opportunity for redemption.

Participating in our Zoom viewing and Question and Answer discussion following the film will be three folks intimately connected with the development of this film. Brett Kopin, co-screenwriter (and fiancé of our student rabbi, Sofia Zway), Beth Kopin, executive producer of the film (and Brett's mother) and Marc Bennett, director and co-screenwriter.

*\*Parents are encouraged to consider whether this film is appropriate for their younger children and to view it together with them. Though it is produced with children in mind, some themes may still be upsetting.\**

## Worship Schedule (Via Zoom)

You can also watch the Facebook livestream for holiday and Shabbat services on this page:

<https://www.facebook.com/pages/category/Synagogue/Temple-Beth-El-115816285166004/>

(if you do not have a Facebook profile now, and it asks you to join when you go to the page, click "Not Now" and that box will disappear).

If you do not have a siddur at home, you can follow along in the Mishkan T'filah for Shabbat flipbook provided by the Central Conference of American Rabbis at this link

<https://www.ccarnet.org/publications/mishkan-tfilah-for-shabbat/>

### Wednesdays—

**Tanakh study 10:15 am with Rabbi (Emeritus) Larry Karol**

Zoom invites for Torah Study (Saturday mornings) and Services, as well as any text to follow, will be sent out weekly.

Contact Bryan McCuller to attend Talmud Study ([mccullerbryan@gmail.com](mailto:mccullerbryan@gmail.com))

Contact Rabbi Karol ([rablpkarol@gmail.com](mailto:rablpkarol@gmail.com)) to attend Tanakh Study

### Friday, November 6

6:30 pm Family Service for all ages—  
*led by Rabbi Sofia Zway*

### Saturday, November 7

9:00 am Talmud Study  
11:00 am Torah Study *led by Rabbi Sofia Zway*  
Parshat Vayera  
Genesis 18:1-22:24

### Friday, November 13

6:30 pm Shabbat Evening Service—  
*Lay-Led by Sisterhood*

### Saturday, November 14

9:00 am Talmud Study  
11:00 am Torah Study *led by Rabbi Larry Karol*  
Parshat Chaye Sarah  
Genesis 23:1– 25:18

### Friday, November 20

6:30 pm Shabbat Evening Service—  
*led by Rabbi Sofia Zway*

### Saturday, November 21

9:00 am Talmud Study  
11:00 am Torah Study *led by Rabbi Sofia Zway*  
Parashat Toledot  
Genesis 25:19-28:9

### Friday, November 27

6:30 pm Shabbat Evening Service -  
*lay-led*

### Saturday, November 28

9:00 am Talmud Study  
11:00 am Torah Study *led by Rabbi Larry Karol*  
Parshat Vayetze  
Genesis 28:10-32:3

**NOVEMBER 2020 (CHESHVAN- KISLEV 5781)****Yahrzeits-October 30, 2020 through  
November 27, 2020**

(Listings include the name of the loved one on the yahrzeit list and the name of the congregant or congregants remembering that loved one—asterisks indicate loved ones remembered with memorial plaques)

**Read on Friday, October 30**

Susan Bronstein\* (Jamie Bronstein)  
Harold Brown\* (Jeff Brown)  
Nathan Edelstein\* (Dee Cook)  
Benjamin Galatzan  
Beverly Lewis (Jeff Lewis)  
Herman Lewis (Jeff Lewis)  
Edith Madenberg (Janet Stevens)  
Gary Metzger (Bryan McCuller)  
Prime Minister Yitzhak Rabin\*  
Rev. David Beryl Ryave (Rosalyn Richman & Selma Ryave)  
Marlene Deanne Saltman (Mark Saltman)  
Olga Szucs\*  
Darlene Taylor\*

**Read on Friday, November 6**

Evelyn Benowitz\* (Simy Allan)  
George Bissonette (Lynn Berkeley)  
David Edelstein\* (Dee Cook)  
Arlene Metzger Jerome\* (Bryan McCuller)  
Sylvia Hackman Lazar (Tanah Hemingway)  
Fanny Levy\* (Sam Klein)  
Isadore Rosenfeld\*  
Freda Schoenbrun\*  
Kenneth Williamson (Barbara Mandel)  
Erwin Willman\* (Elliott Willman)

**Read on Friday, November 13**

Allen M Brooks\*  
Elsa Galatzan\*  
Sheldon J Harris (Cyrille S. Kane)  
Gustave Heart (Nancy Bergman)  
Colman Jacobs (Rose Jacobs)  
Esther Kloss\*  
Dr. Clarence A Lathrop\* (Jane Grider)  
Hunter Lewis\*  
Erwin Michelson\* (Susan Michelson)  
Herschel Schreier\*

**Read on Friday, November 20**

Leroy Bibo\*

Isadore Blumkin\*  
Phillip Bond\*  
George Brankman (Sally Alkon)  
Isaac Geisinger (Terri and Ruth Ann arman) Sug-  
Estelle Holiday (Marjorie Gordon)  
Adele Kimmel\* (Murray Bruder)  
Charles Kruger (Linda M. Kruger)  
Ira Palanker (Allen Palanker)  
Esther Rosenfeld\*  
Mac Singer\*  
David Steinborn (Vivian Steinborn)  
Rebecca Wechter\*  
Hershel Zohn\*

**Read on Friday, November 27**

Lucy Miller Atkins\*  
Meyer Bass (Tanah Hemingway)  
Leo Bienstock (Gerie Muchnikoff)  
Rose Caplan (Betty Rosse)  
Murray Gould\*  
Sam Greenberg (Cyrille S. Kane)  
Stephen Halper (Jane Halper)  
Victor Hartman\*  
Lionel Jacobs (Rose Jacobs)  
Mel Kirschner\* (Lila Ziegler)  
Edith Pliner (Rob Goldstein)  
Dr. Michael Polsky (Rita Polsky)  
Benjamin Shane (Nancy Bergman)  
Bertha Shane (Nancy Bergman)  
David Silverman (Jerald Silverman)

In order to ensure that the name of your loved one will be recited during services, we have instituted the following practices:

- The Hebrew dates for each week's Yahrzeits are listed in each Adelante.
- Names are read on the Shabbat **following** the Yahrzeit, or on the day, if it falls on that Shabbat.
- Hebrew vs. conventional (Gregorian) calendar: The temple's tradition is to base the Yahrzeits list on the Hebrew calendar. Those who wish to have a name read on a Friday night close to the conventional (Gregorian) calendar date are asked to please email or call the Temple office a few days prior to the service.

\*Asterisks indicate that a loved one has been permanently memorialized with a plaque in the Temple sanctuary. If you are interested in acquiring a plaque for your loved one, contact the Temple office.



## **Tikkun Olam Opportunities** *Giving to and volunteering at* ***Casa de Peregrinos & El Caldito***

Casa de Peregrinos provides staple foods to the needy, and El Caldito provides a meal 365 days a year to the hungry in our community. Both organizations are part of the Community of Hope located on the same campus at 999 W. Amador. There are common interests and goals and the food received is often shared between the two organizations in order to best utilize both perishable and non-perishable foods. There is also a need for wide-mouth glass bottles and containers and gently used clothing.

**This is a critical time for the organizations.** Due to the COVID-19 crisis, they have seen an increase in demand. At the same time, they have had a decrease in volunteers, particularly on weekends. In order to maintain social distancing, the El Caldito soup kitchen has switched to handing out meals to go.

For more information on current needs, questions, or to volunteer, contact Casa de Peregrinos (575-523-5542) and El Caldito (575-525-3831) directly.

### **Condolences to:**

- The family of our temple congregant Joseph Bell who passed away October, 4, 2020, here in Las Cruces. Memorial services are pending and details will be shared with the congregation.
- Leslie Glater on the passing of her sister Margo Glater, on Friday, October 16.
- Gary and Alison Mann on the passing of Gary's sister, Judith Ray Mann. Judith died in Switzerland where she has lived for 40 years.
- The Marquez family, on the passing of Harold Krasner, brother to Frima Marquez, and uncle to her son, Jeff Marquez.
- The family of Lillian "Sis" Druxman, founding member of Temple Beth-El who died September 24 in Albuquerque.

**May their memory be for blessing.**

## **Jews and Star Trek**

It's time for some diversion during the Covid-19 pandemic. A "Jews and Star Trek" group is being organized. You don't have to be Jewish to belong, but early discussions will be on the actors in the original Star Trek, William Shatner and Leonard Nimoy, who were Jewish, and Jewish values as shown through the various series and movies. Basically it's an excuse to talk about our favorite episodes, characters and the world we wish we had. For more information, contact Rabbi Emeritus Larry Karol at [rablpkarol@gmail.com](mailto:rablpkarol@gmail.com) or Cherri Hudson-Brown at [cjhudson@comcast.net](mailto:cjhudson@comcast.net).



**Honor the memory of loved ones with a memorial plaque and mark celebrations and milestones (and also the memory of friends and family) by adding leaves to our Tree of Life.**



## **Bricks for the Biblical Garden and Brick Walkway**

**Please consider ordering one to mark that special occasion of your own or a loved one. Call Dee Cook or Alison Mann, and they will send you the form and even help you design the brick, if you wish. And take a few minutes to sit in the meditation area of the walkway...it's a lovely spot!**





## Welcome to Seedtime

By Rabbi Sofia Zway

Rabbis love the month of Cheshvan. We love Cheshvan because it offers us time and space to breathe after the intense period of the High Holy Days. In this month, we celebrate no

holidays, and use the time instead to replenish our energy as we move towards the winter holiday of Hanukkah. If you're looking for me on my weekend off, I'll be replenishing my energy on a California beach!

The rabbis of the Talmud referred to this time on the calendar as 'seed time,' as many crops were planted in ancient Israel during this time, the beginning of the rainy season. In today's world, the month of Cheshvan serves as our seedtime, an opportunity to ground and root ourselves, to think about how and what we hope to grow in the new year and to take a big, deep, healing and nourishing breath.

Cheshvan also begins the seedtime for our congregation. As our congregation's transition focus groups begin, I hope that we will use this time to think about what seeds we want to plant for this community, and how we want to be a part of its growth. I am delighted to be part of this process, and invite you to feel free to reach out to me with any questions.

On this note, I want to highlight a wonderful project that the Adult Education Committee, under the leadership of Ned Rubin and Joanne Turnbull, has been working on. This new initiative aims to provide our community with information and resources about the mental health impact of Covid-19. Please keep your eyes on the Adelante for these resources, and be in touch with Ned or Joanne if you have any ideas or contributions. If you are feeling lonely, isolated, sad - please reach out and ask for support. And if you are feeling safe and strong - please reach out and extend a helping hand to someone else. I also want you to know that I am available to talk, to listen, to study with you. Feel free to send me an email at any time ([studentrabbi@tbcl.org](mailto:studentrabbi@tbcl.org)). We are in this together, and we will get through this together, one seed at a time.

On our Gregorian calendar, the month of November (how are we in November already?!?) this year is a significant month for this country. With the election just a few days away, there is so much at stake, and so much

to hope for. No matter which way the election goes, November too presents us with an opportunity to plant seeds. To think about what kind of future we want to build for our children and grandchildren, how we want this country and its leaders to grow, and what part each of us plays in that growth.

I hope that the month of Cheshvan will bring us stability and grounding, and that the seeds we plant will take root and grow.

### "Virtual" Short Story Series Continues

During these challenging times, you are invited to join us for the "fall semester" of our ongoing Temple Beth-El "virtual" Jewish short story discussion series. We have two separate groups that meet via Zoom on Mondays and Tuesdays at 11 a.m. We are reading the short stories of Jewish authors, past and present. Since many of our authors' stories are available on-line, there is no need for you to purchase a book. I send the assigned stories via email directly to you. The fee for the current series is \$18 which goes to the temple's Adult Education programs. (Checks should be made out to Temple Beth-El and the memo line should indicate "short story group.") If reading great fiction and spending time with friends and fellow fiction lovers for lively conversation sounds good, just email me at [jar529@gmail.com](mailto:jar529@gmail.com) or call me at 640-3292. Hope to hear from you. — Jim Rosenthal



### Adelante Submissions:

During this time of social distancing due to COVID-19, let us not become distant from each other. Speak with fellow congregants, friends and family. Send me your pictures of family Shabbat, musings, illustrations, etc. I will share as many as space allows in next month's Adelante.

**The deadline for turning in articles, items and photos for the December 2020 Adelante is November 20, 2020.**

**Late items may not be included.** Please do your best to keep to that schedule to facilitate a timely completion of the Adelante! All content can be e-mailed to Beth Tierney at

[cambrien73@gmail.com](mailto:cambrien73@gmail.com)







# Transition Times

**Administration (Cheryl Decker)** TBE President Cheryl Decker is managing the temple's administrative functions with the assistance of Paula Kramer. This is no longer an administrative transition team.

**Communication-Technology (Nan Rubin)** Steve Haydu compiled a list for the board of all of TBE's technology functions and who is responsible for them, and also a list of congregants with access to the Temple Zoom account.

**Focus Groups (Martha Roditti)** The board voted unanimously to have an outside facilitator and Jeff Brown recommended Dr. Christa Slaton, NMSU Professor of Government. The first of TBE's Fall Focus Groups was held on October 18 and focused on Membership. Martha Roditti, TBE Membership Chair, served as Resource Person and Jeff Brown served as a Zoom Master. The discussion was lively and respectful. There were a few technical difficulties that will be fixed for the next meeting so that more people are engaged.

Summary: Sixteen of the 29 people spoke (59%).

- The role of Non-Jews in our Congregation. Non-Jews are respected, and their volunteer service is welcome. Many, however, emphasized that TBE is a Jewish institution, and responses were mixed on whether Religious School Teachers should be Jewish. In terms of charring committees, most people want things to remain as they are set out in the Constitution and By-Laws.

◇ Note: Many were unaware of the Religious School curriculum.

- Should Snowbirds serve on the Board? There is no definition of 'Snowbird' in the Constitution and Bylaws. Rather, there are requirements for attendance at board meetings. Most respondents thought attendance should remain the guiding principle.

- Could our Associate Membership be used to attract non-affiliated Jews?

◇ It would be helpful to know what the unaffiliated Jews want.

Please join us for the next two Focus Groups (also on Zoom):

November 1<sup>st</sup> 3:00 PM

URJ Affiliation (Resource Person: Bill Stein)

November 15<sup>th</sup> 3:00 PM

Are We Ready to Search for a Rabbi? (Resource Person: Lynn Zeemont)

Information from the Focus Groups will be shared with the board to inform decision making.

Onward,  
Joanne Turnbull  
TBE Transition Chair

## Wednesday Morning Breakfast



© Can Stock Photo

The Wednesday Morning Breakfast has resumed in Zoom format. The program will begin 9 am weekly. Phil Alkon is the organizer and should be contacted at [philipalkon@gmail.com](mailto:philipalkon@gmail.com) or 575-524-6945 with general questions or recommendations regarding future speakers. Patrick Quinn is assisting Phil with developing and maintaining the mailing list and with Zoom access. If you have questions about either of those issues please contact Patrick at [patrick.kaye.quinn@gmail.com](mailto:patrick.kaye.quinn@gmail.com) or 575-522-4692.

## SISTERHOOD – 65 YEARS AND COUNTING

by Lynn Zeemont

The growth of White Sands Missile Range brought new Jewish families to the area of Las Cruces. Starting in 1953, there was an effort by Jewish adults from White Sands to create a religious school in Las Cruces and not have to travel to El Paso. Other Las Cruces families joined in this effort and 20 students were taught by parents with classes held in rotating homes. By 1955, Las Cruces area Jewish women formed a Sisterhood and a Las Cruces Jewish Community Group. Led by the first Sisterhood president, Ethel Krepps, the organizing efforts of these families resulted in lay-led religious services being held three weeks per month in Las Cruces and once a month at White Sands Missile Range. The continued efforts of these original Sisterhood members provided the donation of an ark and altar cloth as well as a Sefer Torah. Today we enjoy the endeavors and hard work of past and present members as we pray, study, and socialize at Temple Beth-El. The Sisterhood has always been an integral part of the success of our community by supporting the high ideals of Judaism through religious, social, and educational activities. We welcome all temple women to become members of Sisterhood and if you have not yet done so, please send your check for \$36.00 to Lynn Zeemont. Yes, 65 years of Sisterhood service is a great accomplishment and I know we all look forward to many years to come.

PS. Looking forward to when the Covid situation improves and we can get together and celebrate the history of 65 years of Sisterhood.



Temple Beth El Sisterhood - 1955

### Sisterhood Dinner, Home of June and Bill Lieberman

Sitting at Front Table Left to Right: Leah Weiselman, Sadie Wartell (mother of Jeanette Modern), Lee Gantz, Unknown Right to Left: unknown, unknown, unknown, Rose Wechter

Second Table Left to Right: Jeanette Modern, Frances F. Williams, Frances Klein (Mother to Howard and Sonny Klein and Sis Druxman)

Front Row Second Table: June Lieberman, Barbara Yalkut, "Sis" Druxman

Back: (Left to Right): unknown, Helen Gluck, Bea Klein, Carmen Freudenthal (Mother of Elsa Altshool), unknown, unknown, Ethel Krepps, Ruth Gluck (Mother of Ann Hansen), Mabel Stern (Mother of Dell Zuckerman, Charlotte Schwartz, and Gene Stern)

## The Passing of Two Pillars of Temple Beth-El

by Frances F. Williams

Bea Klein and Lillian "Sis" Druxman, two of the founding members of Temple Beth El have recently passed away. Bea and Howard Klein, Sis and Jay Druxman were all pioneers of Las Cruces, New Mexico. In 1953, a Jewish resident of Las Cruces, Frieda Trafton, conceived the idea of having a Sunday School in Las Cruces, New Mexico. Most of the Jewish families who lived here were attending Services in El Paso, Texas. Frieda's husband, Lee Trafton, worked at White Sands Missile Range, New Mexico, as did many of the Jewish employees who banded together to start the Sunday School. There were six of us, and we held our first meeting to plan a Sunday School at the home of the Traftons. We started with twenty six children, took them to El Paso on a Friday night, and Rabbi Floyd Fierman of Temple Mt. Sinai consecrated the Sunday School. I had a business trip to New York and stopped in at the Jewish Welfare office to ask for any material they had which would help with the curriculum. Bernard Gluck, a business man in Las Cruces, who owned a women's dress shop "The Budget Store" gave each of the students a little Torah. I still have my son's. In the beginning we met at the Trafton's home on Oxford Street in Las Cruces. It was a small home, and after several classes Bea Klein and Sis Druxman offered their homes, which were close to each other to hold classes. That became our Sunday school classroom for a while, until we could find another home. We had many. Corbett Center at NMSU, a few of the churches lent us a classroom, and this continued for some time. When it was decided to have a Temple, Bea and Howard Klein and Sis and Jay Druxman were very active in making this happen as some of the other founders of Temple Beth El. My son, Melvin Lee Williams was the first boy to be Bar Mitzvah here and it was held at the Branigan Library of Las Cruces, the only one ever held there. A Rabbi came from El Paso to perform the ceremony. These two families helped to build and mold Temple Beth El into a place of worship for Jews who lived not only in Las Cruces, but the surrounding areas as well. They were successful business owners here before we came in 1952. They owned Las Cruces Furniture and were icons of the community, (Howard and Sis Druxman's father Sam Klein was the Mayor of Las Cruces for many years.) As Las Cruces grew, they continued to contribute to the community. At Christmas time, their store contributed and distributed toys to those families who could not afford them. May their memories be for a blessing.





# Editor's Corner



For those of you who do not know it, November is Jewish book month. Thank you to Cherri Hudson-Brown for bringing this to my attention. So, in honor of this, I decided to ask the congregation for a few of their favorite Jewish books. The response was immediate. Following is the list of recommendations. There is bound to be at least a couple you'll want to own.

"Family Ties," a short story included in an anthology entitled *Family Ties* by the late Clarice Lispector, stands out for its intensity, sensuality, mystery and flawless writing. A highly acclaimed Brazilian novelist and short story writer, she was born to a Jewish family in Western Ukraine and, as an infant, moved to Brazil with her family. She died in 1977. I have promised myself to read more of her work. -Jim Rosenthal

"The Jews in America," by Max I. Dimont- Beginning with the Sephardim, this book by historian Max Dimont traces the journey of the Jews in the United States. It follows the various waves of immigration that brought people and families from Europe and beyond; recounts the cultural achievements of those who escaped oppression, and discusses the attitudes of American Jews, both religious and secular, toward Israel.

"Inside, Outside," by Herman Wouk - Combining Pulitzer Prize winner Herman Wouk's wildly comic streak with his deep respect for religious tradition, "Inside, Outside" is both one man's story and "a social comedy of Jewish-American life reaching from New York to Jerusalem and spanning much of the 20th century." (Publishers Weekly).

- Luke Duddridge

"And Prairie Dogs Weren't Kosher: Jewish Women in the Upper Midwest Since 1855," by Linda Mack Schloff

"Brothers Emanuel: A Memoir of an American Family," by Ezekiel J. Emanuel

"The Marrano Legacy," by Trudi Alexy. Anything that Trudi Alexy wrote is good. There are so many others that are interesting.—Frankie Lerner

"The Spirituality of Welcoming. How To Transform Your Congregation into A Sacred Community," By Dr. Ron Wolfson. I have been using this book as my personal roadmap on how small changes and gestures by

temple leadership can induce positive changes in the way our congregation as individuals and as a whole perceive how they are valued and appreciated. The book was recommended to me by Rabbi Karol.— Cheryl Decker

"Gentlemen of the Road," by Michael Chabo, a "swashbuckling adventure" set in the khaganate of Khazaria around AD 950. It follows two Jewish bandits who become embroiled in a rebellion and a plot to restore a displaced Khazar prince to the throne.—Susan Fitzgerald

"Patrimony," by Philip Roth. There are few books that have moved me as this one did. Roth's memoir of caring for his dying father conveyed so eloquently the challenges and emotion of watching a loved one's health deteriorate and life ebb. "The son, full of love, anxiety, and dread, accompanies his father through each fearful stage of his final ordeal, and, as he does so, discloses the survivalist tenacity that has distinguished his father's long, stubborn engagement with life." (Amazon)- Marianne Panzini-Rosenthal

"My Jewish Year: 18 Holidays, One Wondering Jew," by Abigail Pogrebin- I stumbled upon this book a few years ago at Moe's Books, an iconic bookstore on Telegraph Avenue in Berkeley, California, while on a trip to visit my daughter. It provided great insights into all of the Jewish holidays from the daughter of Letty Cotin Pogrebin, one of America's foremost feminists, social activists, and founding editor of Ms. Magazine. Abigail Pogrebin, a writer and journalist, served as the president of New York's Central Synagogue from 2015-2018. The book was a finalist for the 2018 National Jewish Book Award. "My Jewish Year" travels through this calendar's signposts with candor, humor, and a trove of information, capturing the arc of Jewish observance through the eyes of a relatable, wandering—and wondering—Jew. The chapters are interspersed with brief reflections from prominent rabbis and Jewish thinkers."—Ellen Torres

"Red Tent", by Anita Diamant.

"Standing Again at Sinai," by Naomi Plaskow—Susan Quinn



Continued from Page 8

I highly recommend “The Orchard,” by celebrated Israeli novelist Yochi Brandes. It’s a story of the origins of Judaism (and Christianity) as seen through the eyes of Rachel, wife of Rabbi Akiva. The story takes place after the destruction of the Second Temple and brings our ancient sages into the realm of the familiar. It is told from a seldom experienced female point of view. -Monika Kimball

“The Jewish Book of Days: A Companion for All Seasons,” by Jill Hammer. Rabbi Sofia introduced the Religious Practices Committee to this book when she offered up a prayer based on one of the meditations. It’s a book of devotions in a sense based on dates in the Jewish calendar. There’s a little bit of history, Torah and Talmud, and wise advice.

Children’s books that I may have enjoyed more than my own children:

Two by Barbara Cohen: “Molly’s Pilgrim” A Russian Jewish girl who’s immigrated with her family to America has a class assignment for Thanksgiving and she’s perplexed. Needless to say, her mother comes up with just the right answer. “The Carp in the Bathtub” This is a classic story of Leah and her brother who have a plan to save a Passover carp from the cooking pot.

The best book I’ve found for preteens, teens and adults explaining Chanukah has a red cover and looks like a Christmas book. It’s called “The Latke Who Couldn’t Stop Screaming: A Christmas Story.” by David Handler, AKA Lemony Snicket. It’s a story from an escaping latke’s standpoint as it tries to explain to Christmas symbols such as a tree and lights that Chanukah is not the Jewish Christmas but its own holiday.-Cherri Hudson-Brown

My favorite book is “Snow In August,” by Pete Hamill. Wonderful heartwarming story.—Sue Mazer

Finally, Elisha Rosenberg recommended a wonderful organization. “PJ Library. They send a Jewish book each month to kids up to age 13. Our kids have received books that have been sponsored through the Jewish Federation of Greater El Paso. Our Sisterhood has sent donations in to the organization as well. The website is [pjlibrary.org](http://pjlibrary.org) ”

Now, if you will excuse me, I have some books to read. Thank you all for sharing.

Happy Reading,  
Beth Tierney

## COPING WITH COVID: GRIEF

*This is the first in a series sponsored by the Adult Education Committee to support our community during the pandemic. Please let us know what you find helpful and what else you’d like to know by submitting feedback to: [copingtemplebeth-el@gmail.com](mailto:copingtemplebeth-el@gmail.com).*

Grief has become part of daily life. We grieve loved ones lost to Covid. We grieve the absence of family and friends caused by sheltering in place. We grieve pleasurable activities now lost to social distancing. And there will probably be other things to grieve when the pandemic gives way to the ‘new normal’ whatever that will be.

**What Grief Is and Isn’t.** *Grief is the natural response to loss and lately, loss is constant.* Grief is *wholistic*, meaning that it encompasses body, mind and spirit. Grief’s physical symptoms can include sleepiness, weight changes and appetite disturbance (both over- and under-eating), increased drinking, and loss of energy. Grief also has a wide range of emotional expressions, such as: anger, rage, anxiety, loneliness depression, despair, yearning, relief, guilt, regret, panic. Physical and emotional manifestations can shift and blend without warning. There is no single correct way to grieve; each of us expresses grief differently. Grief never disappears entirely, although its intensity usually changes over time.

*Grief is not a medical problem that needs to be fixed.* Not long ago, experts thought that grief was time-limited, and that people moved through specific stages following loss during which they emotionally detached from their loved one. That’s not how grief works. Healing from loss is not about letting go and moving on. Most of us who live with loss function adequately, but we also experience moments of sadness, despair, and yearning which come and go throughout our lives. Certain practices are known to strengthen resilience and make it easier to deal with these moments. A few of these practices are:

- **Self-Care. Physical self-care**—adequate sleep, sound nutrition, regular exercise—maximize strength in order to cope with grief’s emotions. Feeling overwhelmed often accompanies grief, and so emotional self-care can be enhanced by breaking tasks into manageable chunks and setting reachable goals.
- **Community.** A supportive community—our synagogue, family, friends, neighbors, bereavement groups—decreases feelings of isolation and loneliness and makes loss easier to bear.
- **Stillness.** Stillness is a deliberate slowing down and creating a period of silence apart from daily routines. Stillness eases common expressions of grief, such as fatigue, lethargy, listlessness, anxiety, confusion, and yearning.
- **Focused Breathing.** *Ruach*, a Hebrew term that is synonymous with spirit, can also describe breath. Directing attention to the breath is a time-honored method for embracing stillness that enhances the parasympathetic nervous system and provides a sense of relaxation.

## ELECTION INFORMATION

### 2020 General Election Information

The deadline to register to vote for this election was OCTOBER 6, 2020 at 5PM. Registration can be done online, at the MVD. Also, voters are able to REGISTER and CAST A BALLOT on the same day during the early voting period. This service is available at all the Early Voting Locations (see below.) For this, a photo ID is required. For additional information, visit: [www.dacelections.com](http://www.dacelections.com)

Federal Absentee voting runs from Sept.19 – Nov.3, 2020. Applications are available at FVAP.org. The deadline to apply was October 27, 2020.

**Federal absentee ballots must be received by 7:00 p.m. on November 3, 2020.**

New Mexico Absentee voting runs from Oct. 6 – Nov. 3, 2020. Applications for absentee ballots can be made at NMVote.org. The deadline to apply for a ballot was October 20, 2020. **Absentee ballots must be received at the Doña Ana County Clerk's Office by 7:00 p.m. on November 3, 2020.**

Early, in-person voting runs from Oct. 6 – Oct. 31, 2020. Early voting is available from **8:00 a.m. – 5:00 p.m., Monday through Friday and on Saturday, Oct. 31, 2020 from 10:00 a.m. – 6:00 p.m. at the Doña Ana County Government Center.**

Alternate Early Voting Convenience Centers are available throughout Doña Ana County. They will be open **Oct. 17, 2020 and will remain open Tuesday through Saturday from 11:00 a.m. – 7:00 p.m. through October 31, 2020.**

**Same Day Registration is available at these locations:**

Anthony City Hall	820 Highway 478	Anthony
Delores C Wright Educational Center	400 E. Lisa Dr.	Chaparral
Doña Ana Community College, Sunland Park	3365 McNutt Rd.	Sunland Park
Hatch High School	170 E. Herrera Rd.	Hatch
Las Cruces City Hall	700 N. Main St.	Las Cruces
NMSU Corbett Center	1600 International Mall	Las Cruces
Sonoma Ranch Elementary School	4201 Northrise Dr.	Las Cruces

**General Election Day is November 3, 2020.**

All 40 Voting Convenience Centers will be open 7:00 a.m. – 7:00 p.m. on Election Day. A complete list of voting centers is available at: [www.dacelections.com](http://www.dacelections.com).

For questions, you may also call the Doña Ana County Clerk's Office at: (575) 647-7428 or visit the office at: 845 N. Motel Blvd., Las Cruces, NM 88007

## Dear Congregants and Friends:

This year we had to innovate because of Zoom. There were fewer roles for High Holiday services, but still quite a few people participated. For the HHD prayer book return and youth group food drive, Debbie Levy, Religious Practices Committee member, came up with a miniature sukkah which recaptured some of the feel of Sukkot. We also had a virtual game show during Simchat Torah. Listed below are people who had parts during High Holy Days services. It was a challenging time, but we all pulled together and made it special. Thank you to everyone, and if I missed anyone, I'm sorry.

*Cherri Hudson-Brown, RPC chair.*

Rabbi Sofia Zway, Rabbi Emeritus Larry Karol, Leora Zeitlin, Stuart Kelter, Brett Kopin, Joanne Turnbull, Bill Stein, Lynn Zeemont, Marieka Brown, Amalia Zeitlin, Jeff Brown, Corry McKissack, Patrick Kaye Quinn, Susan Kaye Quinn, Steve Haydu, Tanah Hemingway, Bryan McCuller, Rhonda Karol, Erich Zameret, Jeff Lewis, Avis Lewis, Cheryl Decker, Debbie Levy, Jim Rosenthal, Marianne Panzini-Rosenthal, Michael Mandel, Barbara Mandel, Ron and Pearie Bruder and Family, Monika Kimball, Bob Kimball, Ellen Torres, Fred Torres, Diane Fleishman, Martha Roditti, Beth Tierney, Morgan Tierney, Dee Cook, Ned Rubin, Nan Rubin, Sue Mazer, Norm Mazer, Marlene Benz, Lisa Ehlers McCuller, Gerie Muchnikoff, Stan Muchnikoff, Frima Marquez, Jeff Marquez, Marieka and Jeanne Brown and Family, Julie Seton, Dave Zeemont, Elaine Baez, Elisha and Jason Rosenberg and Family, Aggie Saltman, Mark Saltman, Hannah Saltman, Ann Berkson, Diane Bass, Cherri Hudson-Brown, Alison Mann, Michelle Blum, Alan Blum, Susan Michaelson, Susan Fitzgerald, Jack Greenspan, David Decker

***The Board needs to hear from you!*****FOCUS GROUPS**  
**Fall, 2020**

We're listening! You've given feedback at the annual meeting and told the Board in personal conversations what you think our community needs. Now you have the opportunity to provide input into important decisions that will affect TBE's future. **Three Focus Groups**, led by a professional facilitator, are scheduled via Zoom in October and November. Zoom links will be sent out by e-mail. The first focus group, regarding Membership, was held on October 18. The schedule for the remaining focus groups is tight because we need to make a decision about a rabbi search by the end of November.

**FOCUS GROUP 2 - URJ AFFILIATION**  
**Sunday, November 1, 3:00 PM**

- Should TBE continue its affiliation with the Union of Reform Judaism?
- What support does URJ have to offer TBE?
- What services have we received for our dues?

**FOCUS GROUP 3 - RABBI SEARCH**  
**Sunday, November 15, 3:00 PM**

- Are we ready to search for a new Rabbi?
- Can we afford a full-time Rabbi? Part-time Rabbi?
- Should we continue with a student Rabbi for another year?

**Other questions?** Please contact Martha Roditti at [mroditti@nmsu.edu](mailto:mroditti@nmsu.edu). Please put **Focus Groups** in the subject line. Thank you!

Continued from Page 9

- **Nature.** Spending time in nature improves mood and decreases tension.
- **Gratitude.** A simple gratitude practice, such as reviewing the day for three good things that happened, increases resilience.
- **Remembering.** Physical absence does not end a relationship. An effective way to manage grief is to maintain a sense of connection with the person who now resides in memory.

We may not realize how Covid is affecting us. We can take advantage of certain practices that make it easier to live with grief. And as we learn to live with grief, we may come to appreciate what we have taken for granted, become more aware of who we are and want to be, and become more deeply connected with others.

-Joanne Turnbull

# **Celebrating our Simchas**

*The Temple Beth-El Mitzvah Team sends best wishes to these members celebrating birthdays this month:*

Marlene Benz  
Stacey Hyman  
Susan Quinn  
Tanah Hemingway

Jake Hardin  
Jeff Lewis  
Terri Sugarman

*The Temple Beth-El Mitzvah Team sends best wishes to these members celebrating anniversaries this month:*

Alison & Gary Mann

We would love to have more names in these lists. If you would like to have us acknowledge your occasion in the future please send birth month, anniversary month, and the year you joined the temple to Luke Duddridge at [LCDuddridge@hotmail.com](mailto:LCDuddridge@hotmail.com).

If you follow the example below it would be helpful:

Sam Adams Born July, Married March,  
Joined 2015

Please note that we are not collecting dates, just the months.



### **Temple Beth-El Board of Trustees Meeting Summary- October 15, 2020**

- Financials are looking good at the moment. We have a net income for the fiscal year through September of approximately \$64,000. Our Schwab account has about \$160,000, largely because we are not currently paying for a full-time rabbi. The account with Citizen's currently has about \$30,000 available, and we have \$10,000 in a money market earning .5%.
- We now have a credit card for Grounds and Building maintenance which Dave Decker can use to make purchases for maintaining the Temple and grounds. The card has a \$500 limit.
- Mensch Club helped out with the drive through return of prayer books and food donation drive held by the Temple Youth.
- Sisterhood earned \$287 from Challah sales. Thank you Mensch Club for delivering them. The Sisterhood is having its 65 year anniversary this year. Lynn Zeemont prepared an article for the Adelante about the history of the Sisterhood (see page 7). There may be more historical highlights in future Adelantes.
- Religious school is operating via Zoom. October 11 was Sofia's first time with the religious school and she is a welcome addition.
- Transition report: Joanne will organize a more coordinated training and/or a team of potential Zoom hosts for temple events. Martha discussed the focus groups, two more are scheduled before the end of the year, one to discuss our URJ membership, and one on whether we can afford a new rabbi and search this year.
- Paula Kramer will begin helping out in the admin office at the temple.
- We welcome new members, Elaine Baeza, Scott and Betsy Gubin, to our Temple family.

### **Temple Beth-El Mitzvah Team**

The Mitzvah Team has identified the following tasks that it would like to perform and support with the help of Temple volunteers (please let us know if you can assist us):

- Develop a phone tree and other ways to reach out to members.
- Support the Rabbi and the Religious Practices Committee in providing special arrangements for shiv'ah minyans.
- Visit homebound and hospitalized members and members living in nursing homes, assisted living facilities, and hospice.
- Provide transportation to worship services and Temple events, medical appointments, and errands.
- Celebrate simchas (life's joyous moments).

Please contact:

- Alison Mann—575-680-0207  
[Alisonmd4@gmail.com](mailto:Alisonmd4@gmail.com)
- Luke Duddridge—727-204-6086  
[LCDuddridge@hotmail.com](mailto:LCDuddridge@hotmail.com)
- David Decker—575-556-4056  
[deckerdavid28@gmail.com](mailto:deckerdavid28@gmail.com)

**If you are aware of any members in need of the services listed above, please let us know!**

### **BOARD OF TRUSTEES 2020-2021**

President-Cheryl Decker

Vice-President-Lynn Zeemont

Secretary— Steve Haydu

Treasurer— Michael Mandel

Barbara Berger Pearie Bruder Marieka Brown

Bryan McCuller Martha Roditti Nan Rubin

Joanne Turnbull

Jeff Lewis (Mensch Club) Dee Cook (Sisterhood)

## Donations through October 25, 2020

### General Operating Fund:

Gabriel Lampert, in honor of Jim Rosenthal's short story group and in memory of Anna and Benjamin Lampert and Reba Kirshner

Ralph Troeller, in memory of Barney Sugarman

Jeff Brown and Cherry Hudson-Brown, in memory of Barney Sugarman

Ruth Rubin, in memory of Benjamin Geller

Gary and Alison Mann, in memory of Barney Sugarman

Daniel and Simy Allan, in memory of Win Jacobs and Barney Sugarman and in honor of Rabbi Karol, Student Rabbi Sofia and Stuart Kelter and Leora Zeitlin

Scott and Betsy Gubin, in appreciation of Kol Nidre  
Jeff and Cherri Hudson-Brown, in memory of Harold Brown

Jeff and Avis Lewis, in memory of Beverly Lewis and Herman Lewis

Julia Popp, in memory of Barney Sugarman

Jim and Marianne Rosenthal, thanks to all who collaborated to make the High Holy Day services so meaningful

Janet Stevens, in memory of Edith Madenberg

Barbara Sheen Busby, in gratitude for High Holy Services

### Social Action Fund:

Honey Devins, in memory of Barney Sugarman

### Mitzvah Team Fund:

Barbara Wimbush, in appreciation of transportation to the airport

### Irving Batkin Memorial Scholarship Fund:

Jerry and Shelly Silverman, in memory of Barney Sugarman

### Temple Beth-El Religious School Fund:

Stuart and Diane Fleishman, in memory of Sam and Daisy Chapman, and Jack and Muriel Fleishman

### Temple Beth-El Youth Fund:

Nancy Rosen, thank you for getting me online. This is for the food pantry

### TEMPLE FUNDS

Donations are gratefully accepted for the following:  
**General Operating Fund**—For the day-to-day operation of TBE.

**Biblical Garden Fund**—To provide the infrastructure for biblical plants and trees, and bricks in the fountain meditation area and on the brick walkway.

**Rabbi Larry and Rhonda Karol Campership Fund**—Providing scholarships for Temple students to attend Jewish summer camp programs.

**The Mitzvah Team Fund**—to assist this voluntary team of Temple Beth-El members that, upon request and dependent upon availability, will provide non-emergency support service to members of the temple

**Social Action Fund**—For projects that benefit our community and Las Cruces and Southern New Mexico.

**Irving Batkin Memorial Scholarship Fund**—To broadly support Jewish education, based on merit or need, through participation in the TBE Religious School, camperships, and/or pursuit of Jewish collegiate studies or rabbinical studies.

**Frances Williams Library Fund**—To provide books and infrastructure for the TBE library.

**Rabbi Gerald M. Kane Fund**—Provides funds to help further adult education and cultural programming at TBE.

**Temple Beth-El Religious School Fund**—Supports the regular and special programming planned by faculty, students and the Religious School Committee.

**Temple Beth-El Youth Fund**—Support for Youth activities at TBE.

Periodically the temple may list short-term projects or needs. Contributions that do not specify a project or fund will be added to the General Operating Fund. If you have a question or wish to contribute to a project not listed here, please contact our Temple Beth-El Treasurer, Michael Mandel.

### **“Have you considered a bequest to Temple Beth-El?”**

An important part of our future is represented by bequests made by members.

Thoughtful bequests enable Temple Beth-El to retain a future of Jewish life for generations to come. From funding our Rabbi to scholarships at our religious school, your generous gift maintains our financial health.

A simple codicil can be added to your existing will, if you wish to make a bequest, such as:

**“I give and bequest to Temple Beth-El, located in Las Cruces, New Mexico, the sum of \$ \_\_\_\_  
[or \_\_\_\_ percentage of my estate as finally determined for federal estate tax purposes].**

A will or codicil should be prepared by an attorney. Please call the Temple office at (575) 524-3380 to discuss including Temple Beth-El in your estate.



**Temple Beth-El is part of Amazon Smile**, which offers members of Temple Beth-El an opportunity to participate in Smile Amazon and donates 0.05% of all purchases back to the Temple. The process is very simple – go to [www.smile.amazon.com](http://www.smile.amazon.com). You will be required to enter the charity to which you wish to donate – just type in Temple Beth-El, Las Cruces in the charity box and this will set the Temple as your charity of choice. Then just shop – pretty easy and since many people today shop online via Amazon, it becomes a win-win situation for all.

**Visit the Temple Beth-El Website—[www.tbcl.org](http://www.tbcl.org)  
for in-depth information about Temple and its programming and updates on current Temple events**

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**Temple Beth-El is on Facebook!**

<http://www.facebook.com/pages/Temple-Beth-El/115816285166004>

(It is open for all to see!)

**If you are on Facebook already, find our page, click “Like” and join us in our Facebook community!**



**Tanah  
Hemingway**

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most nights

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Las Cruces

NM 88004

**Editing:**

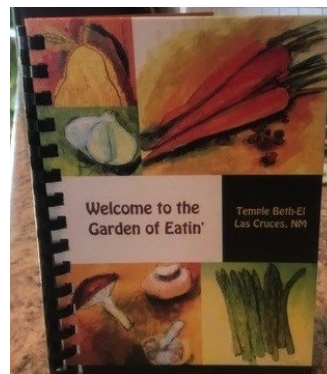
Books, scientific papers, theses, dissertations

**Technical documents of all sorts.**

(for accuracy, continuity, organization, style  
grammar, readability, supportability, etc.)

**Temple Beth-El Cookbook  
“Welcome to the Garden of Eatin’”**

**\$15, Cash or Check**



**Contact Rose Jacobs for copies**

**[arejay11@icloud.com](mailto:arejay11@icloud.com) or**

**512 680-2783**



**Ron Bruder**

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Office: 575-522-3698

**Steinborn & Associates  
Real Estate**



# NOVEMBER 2020

\*ALL EVENTS BY ZOOM\*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>Cheshvan 14</i> 1 <b>Religious School</b> <b>9:30 AM</b> <b>"The Tattooed Torah" film and Q&amp;A -11 AM</b> <b>TBE Focus Group 3pm</b>	<i>Cheshvan 15</i> 2 <b>Short Story group</b> <b>11:00 am</b>	<i>Cheshvan 16</i> 3 <b>Short Story group</b> <b>11:00 am</b>	<i>Cheshvan 17</i> 4 <b>Wednesday Morning Breakfast</b> <b>9:00 am</b> <b>Tanakh Study</b> <b>10:15am</b>	<i>Cheshvan 18</i> 5	<i>Cheshvan 19</i> 6 <b>Shabbat Service</b> <b>6:30 PM with Rabbi Sofia</b>	<i>Cheshvan 20</i> 7 <b>Talmud Study</b> <b>9:00 am</b> <b>Shabbat morning Service</b> <b>10:15 am</b> <b>Torah Study</b> <b>11:15</b>
<i>Cheshvan 21</i> 8 <b>Religious School</b> <b>9:30 AM</b>	<i>Cheshvan 22</i> 9 <b>Short Story group</b> <b>11:00 am</b>	<i>Cheshvan 23</i> 10 <b>Short Story group</b> <b>11:00 am</b>	<i>Cheshvan 24</i> 11 <b>Wednesday Morning Breakfast</b> <b>9:00 am</b> <b>Tanakh Study</b> <b>10:15am</b>	<i>Cheshvan 25</i> 12	<i>Cheshvan 26</i> 13 <b>Shabbat Service</b> <b>6:30 PM</b> <b>Led by Sisterhood</b>	<i>Cheshvan 27</i> 14 <b>Talmud Study</b> <b>9:00 am</b> <b>Torah Study with Rabbi Karol</b> <b>11:00 am</b>
<i>Cheshvan 28</i> 15 <b>Religious School</b> <b>9:30 AM</b> <b>TBE Focus Group 3pm</b>	<i>Cheshvan 29</i> 16 <b>Short Story group</b> <b>11:00 am</b>	<i>Kislev 1</i> 17 <b>Short Story group</b> <b>11:00 am</b>	<i>Kislev 2</i> 18 <b>Wednesday Morning Breakfast</b> <b>9:00 am</b> <b>Tanakh Study</b> <b>10:15am</b>	<i>Kislev 3</i> 19 <b>Board Meeting</b> <b>6:00 pm</b>	<i>Kislev 4</i> 20 <b>Shabbat Service</b> <b>6:30 PM with Rabbi Sofia</b>	<i>Kislev 5</i> 21 <b>Talmud Study</b> <b>9:00 am</b> <b>Shabbat morning Service</b> <b>10:15 am</b> <b>Torah Study</b> <b>11:15</b>
<i>Kislev 6</i> 22 <b>NO RELIGIOUS SCHOOL,</b> <b>Thanksgiving Break</b>	<i>Kislev 7</i> 23 <b>Short Story group</b> <b>11:00 am</b>	<i>Kislev 8</i> 24 <b>Short Story group</b> <b>11:00 am</b>	<i>Kislev 9</i> 25 <b>Wednesday Morning Breakfast</b> <b>9:00 am</b> <b>Tanakh Study</b> <b>10:15am</b>	<i>Kislev 10</i> 26  <i>Thanksgiving</i>	<i>Kislev 11</i> 27 <b>Lay-Led Shabbat Service</b> <b>6:30 PM</b>	<i>Kislev 12</i> 28 <b>Talmud Study</b> <b>9:00 am</b> <b>Torah Study with Rabbi Karol</b> <b>11:00 am</b>
<i>Kislev 13</i> 29 <b>Religious School</b> <b>9:30 AM</b>	<i>Kislev 14</i> 30 <b>Short Story group</b> <b>11:00 am</b>					

# Temple Beth-El, Las Cruces, New Mexico    NOVEMBER 2020 (CHESHVAN- KISLEV 5781)

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Las Cruces, NM 88011

Phone: 575.524.3380  
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President::  
Cheryl Decker

Student Rabbi: Sofia Zway

Rabbi Emeritus:  
Lawrence P. Karol

The Temple Beth-El Newsletter is produced regularly at Las Cruces, New Mexico. Editor: Beth Tierney. Copy Editors: James Rosenthal, Tanah Hemingway, Larry Karol. Circulation: Cheryl Decker. We welcome Adelante sponsorships by or for Temple members and non-members. Sponsorships can be mailed to the Temple; receipts are provided upon request. We reserve the right to edit all sponsorships. Non-member sponsorships (with no ad) are \$25/year. Annual sponsorship rates are as follows: 2x3 business card \$150; Quarter page \$300; Half page \$600. For information about sponsorships, please contact the Temple Office.

**Temple Beth-El and “Adelante” are on the web at  
[www.tbclc.org](http://www.tbclc.org)**

November, 2020



Temple Beth-El  
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